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day 42 at the doctor's

Chinese HSK 4 in 69 days
unit 7 · health, sport & the arts

Tell a doctor what's wrong and understand what they ask you to do.

Sooner or later everyone needs a doctor abroad, and being able to say "I've had a cough for three days" makes it far less scary.

words

word	pinyin	meaning	example
大夫	dàifu	doctor (spoken)	大夫说我得{dei3}多休息。 The doctor says I need to rest more.
护士	hùshi	nurse	护士给我量了体温。 The nurse took my temperature.
体检	tǐjiǎn	check-up, medical	我们公司每年体检一次。 Our company has a medical check-up once a year.
量	liáng	to measure	护士，请帮我量一下体重。 Nurse, could you weigh me, please?
体温	tǐwēn	body temperature	你的体温有点儿高。 Your temperature is a bit high.
体重	tǐzhòng	body weight	我的体重这几个月没有变化。 My weight hasn't changed in the last few months.
打针	dǎzhēn	to give or get an injection	我最怕打针了。 I'm most afraid of injections.
咳	ké	to cough	他咳了一个晚上。 He coughed all night.
咳嗽	késou	to cough; a cough	我咳嗽得很厉害。 I've got a bad cough.
头痛	tóutòng	headache; to have a headache	我今天有点儿头痛。 I've got a bit of a headache today.
痛	tòng	pain; painful, sore	我的腿很痛。 My leg really hurts.
肚子	dùzi	belly, tummy	我肚子疼，不想吃饭。 My stomach hurts; I don't feel like eating.
难受	nánshòu	to feel unwell, awful	我感冒了，觉得很难受。 I've got a cold and feel awful.
严重	yánzhòng	serious, severe	你的病不严重，别担心。 Your illness isn't serious, don't worry.
正常	zhèngcháng	normal	你的体温很正常。 Your temperature is normal.
血	xiě	blood	我的手出血了。 My hand is bleeding.
困	kùn	sleepy; stuck	我昨天睡得太晚，现在很困。 I went to bed too late last night, so I'm sleepy now.

躺	tǎng	to lie down	你躺下来休息一会儿吧。 Lie down and rest for a bit.

pattern 把 + thing + verb + how many times or how long, and 把 + thing + how + verb

who | 把 | thing | (how) | verb | times / how long

With 把 the thing comes before the verb, so the verb is free to carry the details. Put how many times or how long right after it: 把药吃三天 (take the medicine for three days). Put how you do it right before it: 把药按时吃 (take the medicine on time).

请把这个药吃三天。 **qǐng bǎ zhège yào chī sān tiān** Please take this medicine for three days.

护士把我的体重量了两次。 **hùshi bǎ wǒ de tǐzhòng liáng le liǎng cì** The nurse weighed me twice.

大夫把我的情况认真地问了一遍。 **dàifu bǎ wǒ de qíngkuàng rènzhēn de wèn le yí biàn** The doctor went carefully through what was wrong with me.

记得把药按时吃了。 **jìde bǎ yào ànshí chī le** Remember to take your medicine on time.

dialogue anna sees dr li

dr li 安娜，你哪儿不舒服?
Ānnà nǐ nǎr bù shūfu · Anna, what seems to be the problem?

anna 李大夫，我咳嗽三天了，晚上睡不好，白天特别困。
Lǐ dàifu wǒ késou sān tiān le wǎnshang shuì bu hǎo báitiān tèbié kùn · Dr Li, I've been coughing for three days. I can't sleep at night and I'm really sleepy in the day.

dr li 头痛吗？肚子疼不疼?
tóutòng ma dùzi téng bu téng · Do you have a headache? Does your stomach hurt?

anna 有点儿头痛，肚子不疼，就是觉得很难受。
yǒudiǎnr tóutòng dùzi bù téng jiùshì juéde hěn nánshòu · A bit of a headache. My stomach's fine, I just feel awful.

dr li 护士已经把你的体温量了两次，都有点儿高。
hùshi yǐjīng bǎ nǐ de tǐwēn liáng le liǎng cì dōu yǒudiǎnr gāo · The nurse has taken your temperature twice already, and it was a bit high both times.

anna 严重吗？要打针吗？我最怕打针了。
yánzhòng ma yào dǎzhēn ma wǒ zuì pà dǎzhēn le · Is it serious? Do I need an injection? I hate injections.

dr li 不严重，不用打针，也不用查血。你把这个药吃三天，每天按时吃。
bù yánzhòng búyòng dǎzhēn yě búyòng chá xiě nǐ bǎ zhège yào chī sān tiān měi tiān ànshí chī · It's not serious. No injection, and no blood test either. Take this medicine for three days, on time every day.

anna 好的。我还要注意什么?
hǎo de wǒ hái yào zhùyì shénme · OK. Is there anything else I should be careful about?

dr li 多喝水，回家躺着好好休息。三天以后还咳嗽，就再来。回家以后，把药的说明认真看一遍。
duō hē shuǐ huí jiā tǎng zhe hǎohǎo xiūxi sān tiān yǐhòu hái késou jiù zài lái huí jiā yǐhòu bǎ yào de shuōmíng rènzhēn kàn yí biàn · Drink lots of water, go home, lie down and rest properly. If you're still coughing in three days, come back. And when you get home, read the instructions carefully.

write it trace the grey, then write your own



good to know · In Chinese hospitals you usually register at a desk first, then see the doctor. Many people go straight to a hospital rather than a family doctor. Dr Li is 李医生 on paper, but patients often call him 李大夫: warm and respectful.

You can now describe a cough, a headache and a temperature, and follow the doctor's orders. That's real-life Chinese.
Do this day interactively, with audio and games, free at **wishyou.today/learning**

day 43 get well soon

Say what you can or can't manage, and talk about getting fit again after an injury.

"I can't make it" and "I can't even walk" are things you say all the time, about health, work and plans.

words

word	pinyin	meaning	example
连	lián	even; to link	我累得连饭都不想吃。 I'm so tired I don't even want to eat.
受伤	shòushāng	to get hurt, be injured	小明踢球的时候受伤了。 Xiaoming got hurt playing football.
全身	quánshēn	the whole body	我病了，全身都没有力气。 I'm ill and have no strength at all.
身	shēn	body; (measure word for outfits)	他穿了一身新衣服。 He's wearing a whole new outfit.
重	zhòng	heavy; serious	这个箱子太重了。 This box is too heavy.
轻	qīng	light (not heavy); gentle	这个包很轻，我自己拿吧。 This bag is light; I'll carry it myself.
压	yā	to press, push down	你用手压一下这里，疼不疼? Press here with your hand: does it hurt?
汗	hàn	sweat	天太热了，我出了很多汗。 It's so hot that I'm sweating a lot.
力气	lìqi	strength, physical power	我病了三天，一点儿力气都没有。 I've been ill for three days and have no strength at all.
建议	jiànyì	to suggest; suggestion	大夫建议我多喝水，多休息。 The doctor suggested I drink more water and rest more.
减	jiǎn	to reduce, subtract	我想减掉五公斤。 I want to lose five kilos.
减轻	jiǎnqīng	to ease, lighten	这种药可以减轻头痛。 This medicine can ease a headache.
放松	fàngsōng	to relax	周末我喜欢听音乐放松一下。 At the weekend I like to relax with some music.
轻松	qīngsōng	relaxed; easy	考完试，我觉得很轻松。 After the exam I feel really relaxed.
散步	sànbù	to go for a walk	吃完晚饭，我们去公园散步吧。 After dinner, let's go for a walk in the park.
健身	jiànshēn	to work out, keep fit	我每周健身三次。 I work out three times a week.
健身房	jiànshēnfáng	gym	我家附近新开了一家{=(measure word for shops, firms)}健身房。 A new gym has opened near my home.

步	bù	step, pace	我今天走了一万多步{bu4-4}。 I walked over ten thousand steps today.
了	liǎo	to manage (in V得了 / V不了)	雨太大了，我们今天走不了{liao3-4}了。 It's raining too hard: we can't leave today.

pattern verb + 得了 / 不了: can or can't manage it

verb | 得了 / 不了

Put 得了 after a verb for "can manage it" and 不了 for "can't manage it": 去不了 can't go, 吃得了 can finish it. Here 了 reads liǎo. To say "even … , let alone …", use 连……都……，……更……: 连路都走不了，更别说跑步了.

我腿疼，明天的比赛去不了了。 **wǒ tuǐ téng míngtiān de bǐsài qù bu liǎo le** My leg hurts, so I can't make it to tomorrow's match.

这么多菜，我们吃得了吗？ **zhème duō cài wǒmen chī de liǎo ma** Can we really eat all this food?

这个箱子很轻，我一个人拿得了。 **zhège xiāngzi hěn qīng wǒ yí gè rén ná de liǎo** This box is light; I can carry it on my own.

他连饭都吃不了，更别说跑步了。 **tā lián fàn dōu chī bu liǎo gèng bié shuō pǎobù le** He can't even eat, let alone go running.

dialogue anna visits xiaoming

anna 小明，听说你踢球的时候受伤了？现在怎么样？
Xiǎomíng tīngshuō nǐ tī qiú de shíhou shòushāng le xiànzài zěnmeyàng · Xiaoming, I heard you got hurt playing football. How are you?

xiaoming 腿还很疼。大夫压了一下，我疼得受不了。
tuǐ hái hěn téng dàifu yā le yíxià wǒ téng de shòubuliǎo · My leg still really hurts. The doctor pressed on it and I couldn't bear the pain.

anna 那下周的比赛呢？
nà xià zhōu de bǐsài ne · What about next week's match?

xiaoming 肯定去不了了。我现在连站都站不了多久，更别说踢球了。
kěndìng qù bu liǎo le wǒ xiànzài lián zhàn dōu zhàn bu liǎo duō jiǔ gèng bié shuō tī qiú le · No way I can go. I can't even stand for long right now, let alone play football.

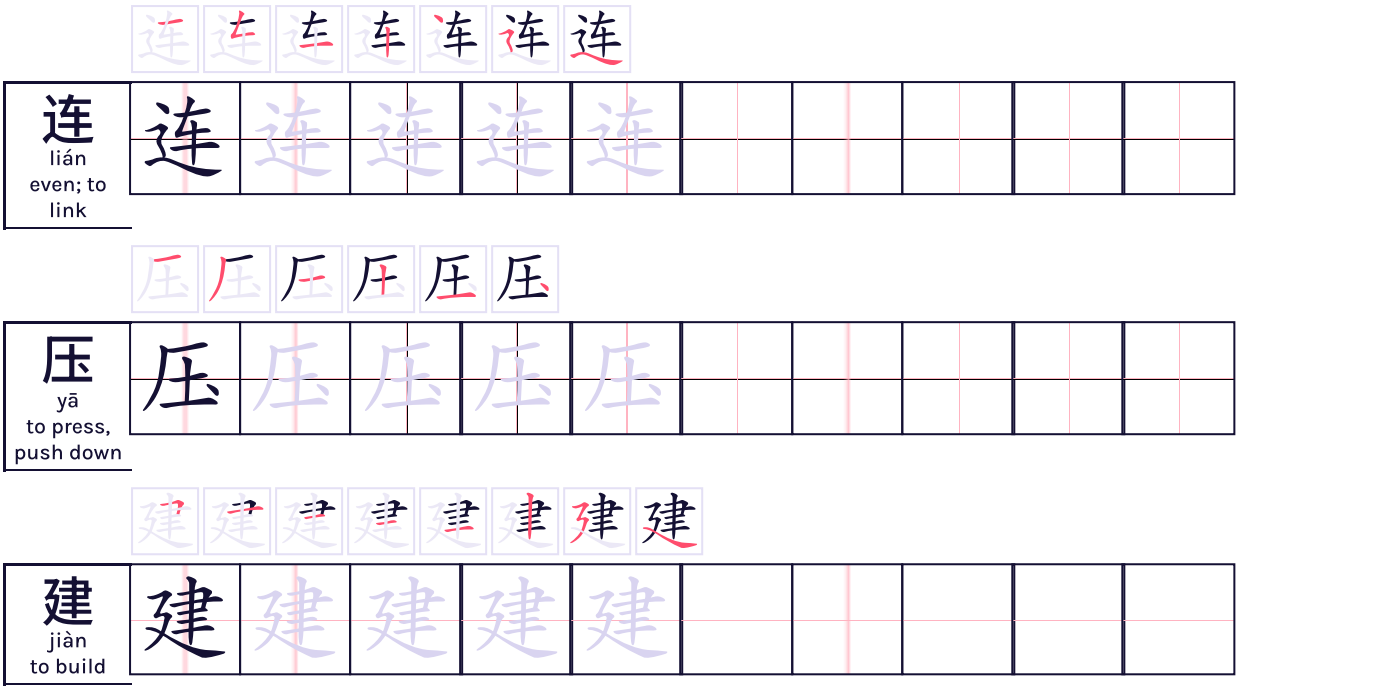
anna 太可惜了。那你也不能去健身房了吧？
tài kěxī le nà nǐ yě bù néng qù jiànshēnfáng le ba · What a shame. So you can't go to the gym either?

xiaoming 对。大夫建议我先多躺着，好了以后再慢慢散步，一步一步来。
duì dàifu jiànyì wǒ xiān duō tǎng zhe hǎo le yǐhòu zài màn màn sànbù yí bù yí bù lái · Right. The doctor says to lie down a lot first, and once it's better, start with slow walks, one step at a time.

anna 别着急，身体最重要。你就放松心情，好好休息。来，吃一点儿水果。
bié zháojí shēntǐ zuì zhòngyào nǐ jiù fàngsōng xīnqíng hǎohǎo xiūxi lái chī yìdiǎnr shuǐguǒ · Don't rush, your health comes first. Just relax and rest properly. Here, have some fruit.

xiaoming 谢谢！有你陪我聊天，我觉得轻松多了。
xièxie yǒu nǐ péi wǒ liáotiān wǒ juéde qīngsōng duō le · Thanks! With you here to chat, I feel much better.

write it trace the grey, then write your own



good to know · 更别说 (let alone) often follows 连……都……: 连 marks the surprising easy thing, 更别说 the even harder one. 受不了 (can't bear it) is the same pattern, and so common it's a word of its own.

"I can't make it" and "not even …" are now yours: two small patterns you'll use every week.
Do this day interactively, with audio and games, free at **wishyou.today/learning**

day 44 match day

Talk about a team, a match and its result, and say you'll do something no matter what.

Sport is easy small talk in China: table tennis, volleyball, football. And "whatever happens, we've got to win" works for exams and deadlines too.

words

word	pinyin	meaning	example
球队	qiúduì	team (ball games)	我们公司有自己的球队。 Our company has its own team.
队	duì	team; queue	我们队今天赢了。 Our team won today.
队员	duìyuán	team member	我们队一共有十二个队员。 Our team has twelve players in all.
队长	duìzhǎng	team captain	小明是我们足球队的队长。 Xiaoming is the captain of our football team.
教练	jiàoliàn	coach, trainer	教练让我们每天跑五公里。 The coach has us run five kilometres every day.
球迷	qiúmí	fan (of a ball game)	我爸爸是个老球迷。 My dad has been a fan for years.
排球	páiqiú	volleyball	安娜每周打两次排球。 Anna plays volleyball twice a week.
乒乓球	pīngpāngqiú	table tennis, ping-pong	很多中国人喜欢打乒乓球。 Lots of Chinese people like playing table tennis.
参赛	cānsài	to take part in a contest	这次大赛一共有二十个队参赛。 Twenty teams are taking part in this tournament.
大赛	dàsài	big competition, tournament	我们队要参加明年的大赛。 Our team is entering next year's big tournament.
赢	yíng	to win	这场比赛我们赢了。 We won this match.
输	shū	to lose (a game)	输了也没关系，下{=next}次再来。 It doesn't matter if we lose; we'll try again next time.
打败	dǎbài	to defeat, beat	我们打败了去年的第一名。 We beat last year's winners.
加油	jiāyóu	come on! (cheer); refuel	加油！你们一定能赢！ Come on! You can do it!
暂停	zàntíng	to pause; time-out	教练马上叫{=to call}了暂停。 The coach called a time-out straight away.
秒	miǎo	second (of time)	比赛只{zhi3}剩十秒了！ There are only ten seconds left in the match!

结果	jiéguǒ	result; as a result	比赛的结果是三比二。 The result of the match was three-two.
最终	zuìzhōng	final; in the end	最终，我们队赢了。 In the end, our team won.

pattern x也得x，不x也得x: like it or not · 说什么也得x: no matter what

X 也得 X ，不 X 也得 X

Here 得 reads děi, “must”. X也得X，不X也得X means “you have to X whether you want to or not”: 去也得去，不去也得去. 说什么也得X (literally: whatever anyone says, must X) shows strong will: 说什么也得赢, we’re winning, full stop.

明天的会，你去也得去，不去也得去。 **míngtiān de huì nǐ qù yě děi qù bú qù yě děi qù** You’re going to tomorrow’s meeting, like it or not.

药很苦，可是吃也得吃，不吃也得吃。 **yào hěn kǔ kěshì chī yě děi chī bù chī yě děi chī** The medicine is bitter, but you’ve got to take it all the same.

这次大赛，我们说什么也得赢！ **zhè cì dàsài wǒmen shuō shénme yě děi yíng** We’re winning this tournament, no matter what!

dialogue the volleyball tournament

manager chen 大家听好，这次大赛有二十来个球队参赛，我们说什么也得赢一场！
dàjiā tīng hǎo zhè cì dàsài yǒu èrshí lái gè qiúduì cānsài wǒmen shuō shénme yě děi yíng yì chǎng · Listen up, everyone: about twenty teams are in this tournament, and we have to win at least one match, whatever happens!

anna 陈经理，您是队长，我们都听您的！
Chénjīnglǐ nín shì duìzhǎng wǒmen dōu tīng nín de · Manager Chen, you’re the captain: we’ll do what you say!

xiaoming 我是你们的球迷，我来给你们加油！
wǒ shì nǐmen de qiúmí wǒ lái gěi nǐmen jiāyóu · I’m your number one fan: I’m here to cheer you on!

anna 不好，对方太厉害了，我们快输了！
bù hǎo duìfāng tài lìhai le wǒmen kuài shū le · Oh no, the other side is too good. We’re about to lose!

manager chen 别急，教练叫了暂停。大家喝一点儿水，放松一下。
bié jí jiàoliàn jiào le zàntíng dàjiā hē yìdiǎnr shuǐ fàngsōng yíxià · Don’t panic, the coach has called a time-out. Everyone, drink some water and relax.

anna 我太累了，跑不动了。
wǒ tài lèi le pǎo bu dòng le · I’m so tired, I can’t run any more.

manager chen 跑也得跑，不跑也得跑！只剩最后几分钟了。
pǎo yě děi pǎo bù pǎo yě děi pǎo zhǐ shèng zuìhòu jǐ fēnzhōng le · Like it or not, you’ve got to keep running! There are only a few minutes left.

xiaoming 加油！加油！还差两分！
jiāyóu jiāyóu hái chà liǎng fēn · Come on! Come on! Two more points!

anna 我们赢了！我们打败了去年的第一名！
wǒmen yíng le wǒmen dǎbài le qùnián de dì yī míng · We won! We beat last year’s champions!

manager chen 太好了！最终的结果是三比二。
tài hǎo le zuìzhōng de jiéguǒ shì sān bǐ èr · Brilliant! The final result is three-two.

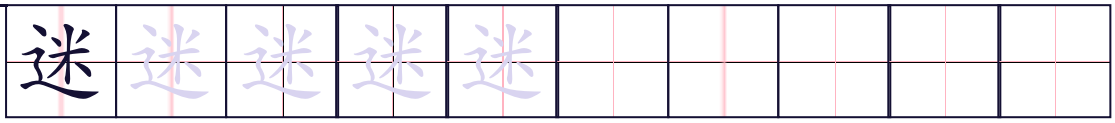
write it trace the grey, then write your own



输
shū
to lose (a game)



迷
mí
lost in, crazy about



good to know · Shout 加油 for any team, any exam, any friend who's trying hard. It works everywhere. Scores use 比: 三比二 is 3–2.

You can follow a match now: teams, scores, time-outs and the final whistle. 加油!
Do this day interactively, with audio and games, free at **wishyou.today/learning**

day 45 the winners

Talk about prizes, shows and events, and say “not very” and “no matter how hard I try”.

Events, shows and prize-givings fill the weekend in China, and you’ll want to say what was brilliant and what was a bit boring.

words

word	pinyin	meaning	example
赢得	yíngdé	to win (a prize, support)	他们赢得了观众的喜爱。 They won the audience’s hearts.
奖	jiǎng	prize, award	我们队得{de2}了一个大奖。 Our team won a big prize.
获奖	huòjiǎng	to win an award	她的照片在大赛中获奖了。 Her photo won a prize in the competition.
动作	dòngzuò	movement, action	他的动作又快又好看。 His moves are fast and beautiful.
功夫	gōngfu	kung fu; time and effort	小刘从小就学功夫。 Xiao Liu has learned kung fu since he was small.
棒	bàng	great, excellent	你今天跳得真棒！ You danced brilliantly today!
精彩	jīngcǎi	brilliant, exciting (show, match)	昨天的比赛太精彩了！ Yesterday’s match was so exciting!
加入	jiārù	to join	欢迎你加入我们的球队！ Welcome to our team!
活动	huódòng	activity, event; to move about	周末学校有很多活动。 The school has lots of activities at the weekend.
举办	jǔbàn	to host, organise (an event)	我们公司下{=next}个月举办运动会。 Our company is holding a sports day next month.
举行	jǔxíng	to hold, take place	比赛将在体育馆举行。 The match will be held in the sports hall.
排	pái	row; to line up	我们坐在第一排。 We’re sitting in the first row.
拍	pāi	to clap, pat; to shoot (a photo)	观众都在拍手。 The whole audience is clapping.
有趣	yǒuqù	interesting, fun	这个活动很有趣。 This event is a lot of fun.
无聊	wúliáo	boring; bored	一个人在家太无聊了。 It’s so boring at home on my own.
吸引	xīyǐn	to attract, draw in	这场表演吸引了很多观众。 The show drew a big audience.
观看	guānkàn	to watch (a show, a match)	欢迎大家来观看比赛！ Welcome, everyone, to the match!

观众	guānzhòng	audience, spectators	观众都站{zhan4-3}起来了。 The whole audience stood up.

pattern 怎么 + 也 / 都 + 不 / 没: no matter how · 不怎么: not very

怎么 | verb | 也 / 都 | 不 / 没 + verb

怎么 + verb + 也 / 都 + 不 / 没 says “however I try, it doesn’t work”: 怎么找也没找到 (I looked everywhere and couldn’t find it). 不怎么 before an adjective or verb softens “not” to “not very, not much”: 不怎么好看 (not that good).

这个动作我怎么练都练不好。 **zhège dòngzuò wǒ zěnme liàn dōu liàn bu hǎo** No matter how much I practise, I can’t get this move right.

我的钥匙怎么找也没找到。 **wǒ de yàoshi zěnme zhǎo yě méi zhǎo dào** However hard I looked, I couldn’t find my keys.

这个活动不怎么有意思。 **zhège huódòng bù zěnme yǒu yìsi** This event isn’t all that interesting.

他平时不怎么运动。 **tā píngshí bù zěnme yùndòng** He doesn’t do much exercise usually.

dialogue prizes and kung fu

manager chen 各位，现在给这次比赛的第一名发奖：我们的排球队！
gèwèi xiànzài gěi zhè cì bǐsài de dì yī míng fā jiǎng wǒmen de páiqiú duì · Everyone, it’s time to hand out the prize for first place: our volleyball team!

anna 太棒了！我们获奖了！
tài bàng le wǒmen huòjiǎng le · Fantastic! We’ve won a prize!

xiaoming 你们最后的动作太精彩了，观众都在拍手。
nǐmen zuìhòu de dòngzuò tài jīngcǎi le guānzhòng dōu zài pāi shǒu · Your last moves were amazing; the whole crowd was clapping.

manager chen 下面还有一个活动：小刘给大家表演功夫！
xiàmiàn hái yǒu yí gè huódòng XiǎoLiú gěi dàjiā biǎoyǎn gōngfu · And there’s one more event: Xiao Liu is going to show us some kung fu!

xiao liu 我从七岁开始学功夫，今天给大家表演几个动作。
wǒ cóng qī suì kāishǐ xué gōngfu jīntiān gěi dàjiā biǎoyǎn jǐ gè dòngzuò · I started learning kung fu at seven. Today I’ll show you a few moves.

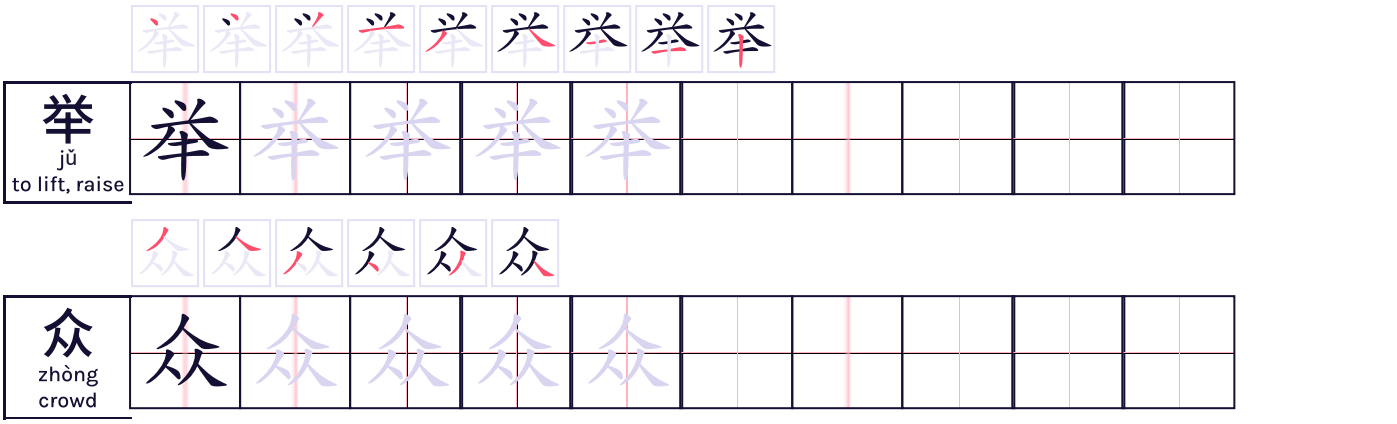
anna 小刘，这个动作我怎么学都学不会。
XiǎoLiú zhège dòngzuò wǒ zěnme xué dōu xué bu huì · Xiao Liu, however hard I try, I can’t learn that move.

xiao liu 不难！你加入我们的功夫班吧，我每周六都教。
bù nán nǐ jiārù wǒmen de gōngfu bān ba wǒ měi zhōu liù dōu jiāo · It’s not hard! Join our kung fu class; I teach every Saturday.

xiaoming 我以前觉得功夫不怎么有意思，今天才发现它这么吸引人。
wǒ yǐqián juéde gōngfu bù zěnme yǒu yìsi jīntiān cái fāxiàn tā zhème xīyǐn rén · I used to think kung fu wasn’t very interesting. Only today did I see how gripping it is.

anna 我拍了很多照片，等一会儿发给大家。
wǒ pāi le hěn duō zhàopiàn děng yíhuìr fā gěi dàjiā · I took loads of photos; I’ll send them to everyone in a bit.

write it trace the grey, then write your own



good to know · 举办 puts the organiser first (公司举办活动); 举行 puts the event first (活动在体育馆举行). 拍 is a hand word: 拍手 to clap, 拍照 to take a photo, 拍电影 to shoot a film.

Brilliant, boring, not very, no matter how: you can review any show or event now.
Do this day interactively, with audio and games, free at **wishyou.today/learning**

day 46 on stage

Talk about concerts, plays and music, and paint a scene with four-character patterns.

A night at the theatre or a favourite singer is great small talk, and four-character patterns make your Chinese sound alive.

words

word	pinyin	meaning	example
演	yǎn	to act, perform	他在电影里演一个医生。 He plays a doctor in the film.
演出	yǎnchū	to perform; show	今天晚上的演出几点开始? What time does tonight's show start?
演员	yǎnyuán	actor, actress, performer	她是一个很有名的演员。 She's a very well-known actress.
演唱	yǎnchàng	to sing (on stage)	下面请她为我们演唱一首歌。 Next, she will sing a song for us.
歌手	gēshǒu	singer	我最喜欢的歌手下{=next}个月来北京。 My favourite singer is coming to Beijing next month.
歌声	gēshēng	singing (voice)	她的歌声真好听。 Her singing is beautiful.
首	shǒu	(measure word for songs, poems)	这首歌我听了很多遍。 I've listened to this song many times.
钢琴	gāngqín	piano	妹妹从五岁开始学钢琴。 Xiaoming's sister started learning the piano at five.
琴	qín	musical instrument; piano	她每天练两个小时琴。 She practises the piano for two hours every day.
弹	tán	to play (piano, guitar)	你会弹钢琴吗? Can you play the piano?
话剧	huàjù	play, drama (spoken)	周末我们去看话剧吧。 Let's go and see a play at the weekend.
京剧	jīngjù	Peking opera	爷爷很喜欢听京剧。 Grandpa loves listening to Peking opera.
剧院	jùyuàn	theatre	剧院就在地铁站旁边。 The theatre is right next to the metro station.
艺术	yìshù	art	京剧是一种很有名的中国艺术。 Peking opera is a famous Chinese art.
著名	zhùmíng	famous, well-known	他是一位著名的歌手。 He's a famous singer.
听众	tīngzhòng	audience, listeners	听众都为她拍手。 The audience all clapped for her.
收听	shōutīng	to listen in (radio)	我每天早上收听新闻。 I listen to the news every morning.

播放	bōfàng	to broadcast, play (video)	这个网站可以播放很多电影。 You can play lots of films on this website.

pattern four-character patterns: 有a有b and 一a一b

有 A 有 B

有A有B fills a scene with two things at once: 有说有笑 talking and laughing, 有山有水 hills and water. 一A一B pairs two people or things, often opposites: 一男一女 a man and a woman, 一前一后 one in front, one behind.

我们一路上有说有笑。 **wǒmen yí lùshang yǒu shuō yǒu xiào** We chatted and laughed all the way.

这个地方有山有水，很漂亮。 **zhège dìfang yǒu shān yǒu shuǐ hěn piàoliang** This place has hills and water; it's beautiful.

台上站着一男一女两个演员。 **tái shàng zhàn zhe yì nán yì nǚ liǎng gè yǎnyuán** Two actors, a man and a woman, are standing on stage.

他们两个人一前一后走进了剧院。 **tāmen liǎng gè rén yì qián yí hòu zǒu jìn le jùyuàn** The two of them walked into the theatre, one behind the other.

dialogue a night at the theatre

ms zhang 安娜，今天的歌手很著名，我听她的歌听了二十年了。
Ānnà jīntiān de gēshǒu hěn zhùmíng wǒ tīng tā de gē tīng le èrshí nián le · Anna, tonight's singer is really famous. I've been listening to her songs for twenty years.

anna 真的吗？我只在网上看过她的视频。
zhēn de ma wǒ zhǐ zài wǎngshang kàn guo tā de shìpín · Really? I've only seen her videos online.

ms zhang 我年轻的时候，每天晚上都收听她的节目。她的歌声特别好听。
wǒ niánqīng de shíhou měi tiān wǎnshang dōu shōutīng tā de jiémù tā de gēshēng tèbié hǎotīng · When I was young I listened to her show every night. Her voice is wonderful.

anna 演出开始了！台上一男一女，男的是谁？
yǎnchū kāishǐ le tái shàng yì nán yì nǚ nán de shì shéi · It's starting! There's a man and a woman on stage: who's the man?

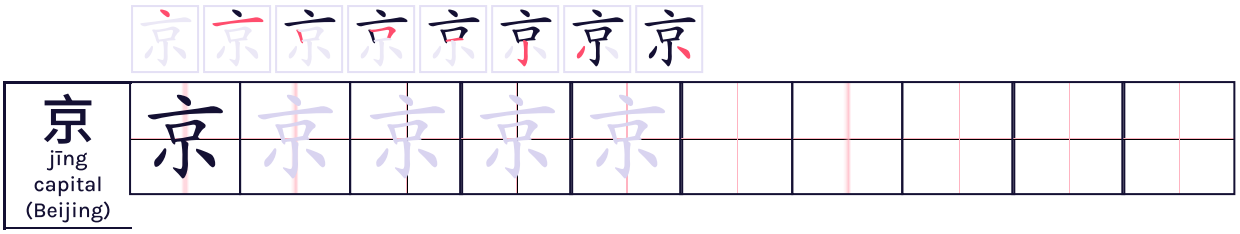
ms zhang 男的弹钢琴，女的就是她。今天她要演唱十二首歌。
nán de tán gāngqín nǚ de jiùshì tā jīntiān tā yào yǎnchàng shíèr shǒu gē · He plays the piano, and the woman is her. She's singing twelve songs tonight.

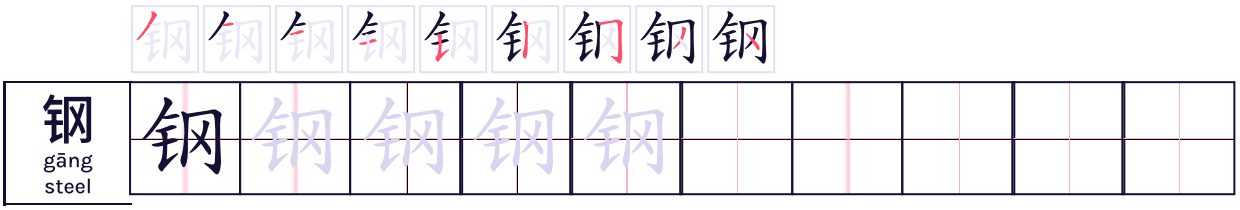
anna 太好听了！听众都站起来了。
tài hǎotīng le tīngzhòng dōu zhàn qǐlai le · That was beautiful! The audience is on its feet.

ms zhang 是啊。你看，大家有说有笑，多开心！下次我们去看京剧吧？
shì a nǐ kàn dàjiā yǒu shuō yǒu xiào duō kāixīn xià cì wǒmen qù kàn jīngjù ba · Yes. Look, everyone's chatting and laughing, so happy! Shall we see Peking opera next time?

anna 好啊！京剧是中国的艺术，我早就想去剧院看看了。
hǎo a jīngjù shì Zhōngguó de yìshù wǒ zǎo jiù xiǎng qù jùyuàn kàn kan le · Yes, please! Peking opera is a Chinese art; I've wanted to see it at the theatre for ages.

write it trace the grey, then write your own





good to know · 共 on its own is a formal “in all”, common in announcements; in chat say 一共. 观众 watch (a match, a film); 听众 listen (a concert, the radio).

Concerts, plays, opera and piano: you can now share what moves you.
Do this day interactively, with audio and games, free at **wishyou.today/learning**

day 47 books, films & news

Talk about books, TV series and the news, and say “maybe” and “there’s plenty of it”.

“Have you read it? Is there a TV series?” is how book talk goes everywhere, and 有的是 is pure everyday Chinese.

words

word	pinyin	meaning	example
小说	xiǎoshuō	novel	我最近在看一本中文小说。 I’m reading a Chinese novel at the moment.
作家	zuòjiā	writer	她是一位著名的作家。 She’s a famous writer.
作者	zuòzhě	author	这本书的作者是谁? Who is the author of this book?
作品	zuòpǐn	work (of art, writing)	我读过{guo}他的很多作品。 I’ve read many of his works.
读者	dúzhě	reader	这本杂志有很多年轻读者。 This magazine has lots of young readers.
杂志	zázhì	magazine	我在机场买了一本杂志。 I bought a magazine at the airport.
电视剧	diànshìjù	TV series, TV drama	我最近在看一部电视剧，很好看。 I’m watching a TV series at the moment; it’s really good.
部	bù	part; (measure word for films, books)	这部电影我看了两遍。 I’ve seen this film twice.
内容	nèiróng	content	这本书的内容很有意思。 The content of this book is really interesting.
记者	jìzhě	reporter, journalist	我的邻居是一名{=(measure word for people)}记者。 My neighbour is a journalist.
调查	diàochá	to investigate; survey	记者调查了这件事。 The reporter looked into the matter.
社会	shèhuì	society	这本小说写的是今天的中国社会。 This novel is about Chinese society today.
重	chóng	again, anew	这个字写错了，请重{chong2}写一遍。 This character is wrong; please write it again.

pattern 有的是: plenty of · 也许: maybe

thing **有的是**

有的是 means “there’s plenty of it”, and it comes after the thing: 时间有的是 (there’s plenty of time). For “maybe”, keep using 也许; on day 53 you’ll add 说不定, the spoken “who knows, it could be”.

明天也许会下雨，你带上伞吧。 **míngtiān yěxǔ huì xià yǔ nǐ dài shàng sǎn ba** It might rain tomorrow, so take an umbrella.

他还没来，也许忘了。 **tā hái méi lái yěxǔ wàng le** He’s not here yet; maybe he forgot.

别着急，时间有的是。 **bié zháojí shíjiān yǒudeshì** Don’t rush; there’s plenty of time.

网上有的是这样的视频。 **wǎngshang yǒudeshì zhèyàng de shìpín** The internet is full of videos like that.

dialogue a novel and a news story

reporter zhou 安娜，你在看什么书?
Ānnà nǐ zài kàn shénme shū · Anna, what are you reading?

anna 一本中文小说。作者是一位年轻作家，内容是关于大城市里年轻人的生活。
yì běn Zhōngwén xiǎoshuō zuòzhě shì yí wèi niánqīng zuòjiā nèiróng shì guānyú dà chéngshì lǐ niánqīng rén de shēnghuó · A Chinese novel. The author is a young writer, and it’s about young people’s lives in a big city.

reporter zhou 我知道这本书！它很有名，还有一部电视剧呢。
wǒ zhīdào zhè běn shū tā hěn yǒumíng hái yǒu yí bù diànshìjù ne · I know that book! It’s really famous; there’s a TV series too.

anna 真的吗？既然有电视剧，我看完书就去看。
zhēn de ma jìrán yǒu diànshìjù wǒ kàn wán shū jiù qù kàn · Really? Well, since there’s a series, I’ll watch it when I finish the book.

reporter zhou 不过电视剧和小说的内容不太一样。
búguò diànshìjù hé xiǎoshuō de nèiróng bú tài yíyàng · But the series and the novel aren’t quite the same.

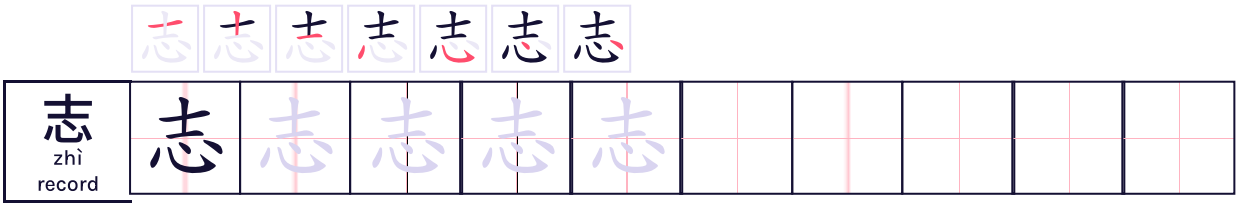
anna 你最近在忙什么呢?
nǐ zuìjìn zài máng shénme ne · What are you busy with these days?

reporter zhou 我在调查一个社会问题：年轻人为什么越来越不爱看书了。
wǒ zài diàochá yí gè shèhuì wèntí niánqīng rén wèi shénme yuè lái yuè bú ài kàn shū le · I’m looking into a social issue: why young people read less and less.

anna 也许是因为手机吧。网上有的是好看的视频。
yěxǔ shì yīnwèi shǒujī ba wǎngshang yǒudeshì hǎokàn de shìpín · Maybe it’s because of phones. There are loads of good videos online.

reporter zhou 我的读者也这么说，甚至有人说一年没看过一本书。
wǒ de dúzhě yě zhème shuō shènzhì yǒu rén shuō yì nián méi kàn guo yì běn shū · My readers say the same. Some even say they haven’t read a single book in a year.

write it trace the grey, then write your own





社 shè group, community										

good to know · 部 counts films, TV series and long books: 一部电影, 一部小说. A short book is still 一本书. 重 before a verb reads chóng, “again”: 重看 watch again, 重写 rewrite. Elsewhere it’s zhòng, heavy.

Novels, series, magazines and the news: you can now talk about what you read and watch.
Do this day interactively, with audio and games, free at **wishyou.today/learning**

day 48 the big match

Follow a whole story about health, sport and a show, using everything from this unit.
Putting a week of words into one story is how they stick: a cough, a final, a prize and a news report.

chapter 1 anna sees dr li again

dr li 安娜，你哪儿不舒服?
Ānnà nǐ nǎr bù shūfu · Anna, what seems to be the problem?

anna 李大夫，我又咳嗽了，可是明天就是最后一场比赛。
Lǐ dàifu wǒ yòu késou le kěshì míngtiān jiùshì zuìhòu yì chǎng bǐsài · Dr Li, I've got a cough again, and tomorrow is the final match.

dr li 头痛吗？肚子痛不痛?
tóutòng ma dùzi tòng bu tòng · Do you have a headache? Does your stomach hurt?

anna 有点儿头痛，肚子不痛。晚上我一直咳，睡不好，白天特别困。
yǒudiǎnr tóutòng dùzi bú tòng wǎnshang wǒ yìzhí ké shuì bu hǎo báitiān tèbié kùn · A bit of a headache, but my stomach's fine. I cough all night, so I can't sleep, and I'm really sleepy in the day.

dr li 别着急。护士已经把你的体温量了两次，很正常，体重也没问题。
bié zháojí hùshi yǐjīng bǎ nǐ de tǐwēn liáng le liǎng cì hěn zhèngcháng tǐzhòng yě méi wèntí · Don't worry. The nurse has taken your temperature twice, and it's normal. Your weight is fine too.

anna 要打针吗？要不要查血？我最怕打针了。
yào dǎzhēn ma yào búyào chá xiě wǒ zuì pà dǎzhēn le · Do I need an injection? A blood test? I hate injections.

dr li 不用打针，也不用查血。上个月公司体检的时候，你的身体情况都很好。
búyòng dǎzhēn yě búyòng chá xiě shàng gè yuè gōngsī tǐjiǎn de shíhou nǐ de shēntǐ qíngkuàng dōu hěn hǎo · No injection and no blood test. At the company check-up last month, everything was fine.

anna 那我明天打得了比赛吗?
nà wǒ míngtiān dǎ de liǎo bǐsài ma · So can I play tomorrow?

dr li 不严重，打得了。回家以后，先把药的说明认真看一看，今天按时吃两次。
bù yánzhòng dǎ de liǎo huí jiā yǐhòu xiān bǎ yào de shuōmíng rènzhēn kàn yi kan jīntiān ànshí chī liǎng cì · It's not serious, you can play. When you get home, read the instructions on the medicine carefully first, and take it twice today, on time.

anna 这个药苦不苦?
zhège yào kǔ bu kǔ · Is this medicine bitter?

dr li 药是有点儿苦，可是你吃也得吃，不吃也得吃。
yào shì yǒudiǎnr kǔ kěshì nǐ chī yě děi chī bù chī yě děi chī · It's a bit bitter, but like it or not, you're taking it.

anna 好吧。这场比赛我说什么也得参加。
hǎo ba zhè chǎng bǐsài wǒ shuō shénme yě děi cānjiā · All right. I'm playing in that match, whatever happens.

dr li 那就回家躺着好好休息，晚上早一点儿睡。要是觉得难受，就别打了，身体最重要。
nà jiù huí jiā tǎng zhe hǎohǎo xiūxi wǎnshang zǎo yìdiǎnr shuì yàoshi juéde nánshòu jiù bié dǎ le shēntǐ zuì zhòngyào · Then go home, lie down and rest properly, and go to bed early tonight. If you feel unwell, don't play: your health comes first.

chapter 2 one point to go

manager chen 大家听好：今天参赛的球队都很厉害，对方是去年的第一名，可是我们说什么也不能放弃！
dàjiā tīng hǎo jīntiān cānsài de qiúduì dōu hěn lìhai duìfāng shì qùnián de dì yī míng kěshì wǒmen shuō shénme yě bù néng fàngqì · Listen, everyone: every team here today is strong, and the other side are last year's champions. But whatever happens, we don't give up!

anna 陈经理，您是队长，我们都听您的！
Chénjīnglǐ nín shì duìzhǎng wǒmen dōu tīng nín de · Manager Chen, you're the captain: we'll do what you say!

xiaoming 加油！你们的球迷都来了！我平时只打乒乓球，今天也来给排球队加油！
jiāyóu nǐmen de qiúmí dōu lái le wǒ píngshí zhǐ dǎ pīngpāngqiú jīntiān yě lái gěi páiqiú duì jiāyóu · Come on! All your fans are here! I usually only play table tennis, but today I'm cheering for the volleyball team too!

anna 不好，我们的一个队员受伤了！
bù hǎo wǒmen de yí gè duìyuán shòushāng le · Oh no, one of our players is hurt!

manager chen 别急。教练把他的腿轻轻压了一下，说不严重，可是今天他打不了了。
bié jí jiàoliàn bǎ tā de tuǐ qīng qīng yā le yíxià shuō bù yánzhòng kěshì jīntiān tā dǎ bu liǎo le · Don't panic. The coach pressed gently on his leg and says it isn't serious, but he can't play any more today.

anna 陈经理，我出了一身汗，已经没有力气了，连手都快动不了了，更别说打球了。
Chénjīnglǐ wǒ chū le yì shēn hàn yǐjīng méiyǒu lìqi le lián shǒu dōu kuài dòng bu liǎo le gèng bié shuō dǎ qiú le · Manager Chen, I'm sweating all over and I've got no strength left. I can hardly even move my arms, let alone play.

manager chen 教练叫了暂停。喝一点儿水，放松一下，你一定行。
jiàoliàn jiào le zàntíng hē yìdiǎnr shuǐ fàngsōng yíxià nǐ yídìng xíng · The coach has called a time-out. Drink some water and relax: you can do it.

xiaoming 还差一分！最后十秒了！加油！
hái chà yì fēn zuìhòu shí miǎo le jiāyóu · One more point! Ten seconds left! Come on!

anna 我们赢了！我们打败了去年的第一名！
wǒmen yíng le wǒmen dǎbài le qùnián de dì yī míng · We won! We beat last year's champions!

manager chen 最终的结果是三比一。对方输了，可是他们也打得很好。大家太棒了！
zuìzhōng de jiéguǒ shì sān bǐ yī duìfāng shū le kěshì tāmen yě dǎ de hěn hǎo dàjiā tài bàng le · The final result is three–one. They lost, but they played well too. You were all brilliant!

anna 小明，你的腿怎么样了？上次你连站都站不了多久。
Xiǎomíng nǐ de tuǐ zěnmeyàng le shàng cì nǐ lián zhàn dōu zhàn bu liǎo duō jiǔ · Xiaoming, how's your leg? Last time you couldn't even stand for long.

xiaoming 好多了。大夫建议我每天散步，一步一步来。现在我每周去两次健身房，体重也减了两公斤。
hǎo duō le dàifu jiànyì wǒ měi tiān sànbù yí bù yí bù lái xiànzài wǒ měi zhōu qù liǎng cì jiànshēnfáng tǐzhòng yě jiǎn le liǎng gōngjīn · Much better. The doctor told me to go for a walk every day and take it one step at a time. Now I go to the gym twice a week, and I've lost two kilos too.

anna 你看起来很轻松！看来健身真有用。
nǐ kàn qǐlai hěn qīngsōng kànlái jiànshēn zhēn yǒuyòng · You look so relaxed! Working out really does help, then.

chapter 3 a song for the winners

manager chen 这次大赛由我们公司举办，我们队还赢得了第一名！现在给大家发奖。
zhè cì dàsài yóu wǒmen gōngsī jǔbàn wǒmen duì hái yíngdé le dì yī míng xiànzài gěi dàjiā fā jiǎng · This tournament was hosted by our company, and our team came first too! Now for the prizes.

anna 太棒了！我们获奖了！这个奖是大家的，特别是我们的队长。
tài bàng le wǒmen huòjiǎng le zhège jiǎng shì dàjiā de tèbié shì wǒmen de duìzhǎng · Fantastic! We've won a prize! This prize belongs to all of us, especially our captain.

manager chen 下面请一位著名歌手为大家演唱。
xiàmiàn qǐng yí wèi zhùmíng gēshǒu wèi dàjiā yǎnchàng · And now a famous singer will perform for us.

xiao liu 她是我的朋友，在剧院演出过很多次，还演过话剧呢。
tā shì wǒ de péngyou zài jùyuàn yǎnchū guo hěn duō cì hái yǎn guo huàjù ne · She's a friend of mine. She's performed at the theatre many times, and she's even acted in plays.

anna 她的歌声真好听！还有一个人在弹钢琴。
tā de gēshēng zhēn hǎotīng hái yǒu yí gè rén zài tán gāngqín · Her singing is beautiful! And someone is playing the piano.

xiaoming 台上一男一女，太精彩了。观众都站起来拍手了。
tái shàng yì nán yì nǚ tài jīngcǎi le guānzhòng dōu zhàn qǐlai pāi shǒu le · A man and a woman on stage: amazing. The whole audience is on its feet, clapping.

anna 我以前不怎么听中文歌，今天才发现这么好听。
wǒ yǐqián bù zěnme tīng Zhōngwén gē jīntiān cái fāxiàn zhème hǎotīng · I didn't used to listen to Chinese songs much. Only today did I realise how good they are.

xiao liu 网上有的是好听的中文歌，我发给你几首。她每周还有一个音乐节目，很多听众都收听。
wǎngshang yǒudeshì hǎotīng de Zhōngwén gē wǒ fā gěi nǐ jǐ shǒu tā měi zhōu hái yǒu yí gè yīnyuè jiémù hěn duō tīngzhòng dōu shōutīng · There are loads of great Chinese songs online; I'll send you a few. She has a music show every week too, and lots of people tune in.

manager chen 下面，小刘给大家表演功夫！
xiàmiàn XiǎoLiú gěi dàjiā biǎoyǎn gōngfu · Next, Xiao Liu is going to show us some kung fu!

anna 小刘的功夫真吸引人！可是这个动作我怎么学也学不会。
XiǎoLiú de gōngfu zhēn xīyǐn rén kěshì zhège dòngzuò wǒ zěnme xué yě xué bu huì · Xiao Liu's kung fu is so gripping! But however hard I try, I can't learn that move.

xiao liu 不难！你加入我们的功夫班吧。下个月剧院还有京剧演出，几位著名演员都来，你们想去观看吗？
bù nán nǐ jiārù wǒmen de gōngfu bān ba xià gè yuè jùyuàn hái yǒu jīngjù yǎnchū jǐ wèi zhùmíng yǎnyuán dōu lái nǐmen xiǎng qù guānkàn ma · It's not hard! Join our kung fu class. And next month there's Peking opera at the theatre, with several famous actors. Would you like to go and see it?

anna 当然想！京剧是中国的艺术，我早就想去看了。以前我觉得公司的活动都很无聊，没想到今天这么有趣。
dāngrán xiǎng jīngjù shì Zhōngguó de yìshù wǒ zǎo jiù xiǎng qù kàn le yǐqián wǒ juéde gōngsī de huódòng dōu hěn wúliáo méi xiǎng dào jīntiān zhème yǒuqù · Of course! Peking opera is a Chinese art; I've wanted to see it for ages. I used to think company events were boring, but today was such fun.

manager chen 你们看，大家有说有笑，这次活动真成功！明年我们还在这里举行。
nǐmen kàn dàjiā yǒu shuō yǒu xiào zhè cì huódòng zhēn chénggōng míngnián wǒmen hái zài zhèlǐ jǔxíng · Look, everyone's chatting and laughing. This event has been a real success! Next year we'll hold it here again.

chapter 4 reporter zhou writes it up

reporter zhou 安娜，听说你们队赢了大赛？我想写一下这件事。
Ānnà tīngshuō nǐmen duì yíng le dàsài wǒ xiǎng xiě yíxià zhè jiàn shì · Anna, I hear your team won the tournament? I'd like to write about it.

anna 真的吗？比赛前一天我还在医院呢，咳嗽得很厉害。
zhēn de ma bǐsài qián yì tiān wǒ hái zài yīyuàn ne késou de hěn lìhai · Really? The day before the match I was still at the hospital, coughing badly.

reporter zhou 这个内容太好了！生病了也不放弃，读者一定喜欢。
zhège nèiróng tài hǎo le shēngbìng le yě bú fàngqì dúzhě yídìng xǐhuan · That's a great angle! Not giving up even when you're ill: readers will love it.

reporter zhou 我最近在调查一个社会问题：为什么年轻人越来越不爱运动了。可是你们下班以后还一起练球，真不简单。
wǒ zuìjìn zài diàochá yí gè shèhuì wèntí wèi shénme niánqīng rén yuè lái yuè bú ài yùndòng le kěshì nǐmen xiàbān yǐhòu hái yìqǐ liàn qiú zhēn bù jiǎndān · I've been looking into a social issue lately: why young people exercise less and less. But you lot still practise together after work. That's impressive.

anna 我们公司的排球队有十来个队员，大家每周练两次。以前也有人不想来，可是大家互相加油，越打越喜欢。
wǒmen gōngsī de páiqiú duì yǒu shí lái gè duìyuán dàjiā měi zhōu liàn liǎng cì yǐqián yě yǒu rén bù xiǎng lái kěshì dàjiā hùxiāng jiāyóu yuè dǎ yuè xǐhuan · Our company volleyball team has ten-odd players, and we practise twice a week. Some people didn't want to come at first, but we cheer each other on, and the more we play, the more we love it.

reporter zhou 我写好以后，会发在我们的网站上。一家体育杂志也想要这个故事。
wǒ xiě hǎo yǐhòu huì fā zài wǒmen de wǎngzhàn shàng yì jiā tǐyù zázhì yě xiǎng yào zhège gùshi · When I've written it, it'll go on our website. A sports magazine wants the story too.

anna 你写完了给我看看吧。
nǐ xiě wán le gěi wǒ kàn kan ba · Show me when you've finished writing it.

reporter zhou 好。我把第一段重写了三遍，现在终于满意了。
hǎo wǒ bǎ dì yī duàn chóng xiě le sān biàn xiànzài zhōngyú mǎnyì le · OK. I've rewritten the first paragraph three times, and now I'm finally happy with it.

anna 你写东西这么认真，以后也能当作家！
nǐ xiě dōngxi zhème rènzhēn yǐhòu yě néng dāng zuòjiā · You take such care over your writing, you could be a writer one day!

reporter zhou 我是记者，不是作家。不过我很喜欢一位作家，她的作品写的都是普通人的生活。
wǒ shì jìzhě bú shì zuòjiā búguò wǒ hěn xǐhuan yí wèi zuòjiā tā de zuòpǐn xiě de dōu shì pǔtōng rén de shēnghuó · I'm a reporter, not a writer. But I love one writer: her books are all about ordinary people's lives.

anna 我知道她！我正在看的那部电视剧就是根据她的小说拍的。
wǒ zhīdào tā wǒ zhèngzài kàn de nà bù diànshìjù jiùshì gēnjù tā de xiǎoshuō pāi de · I know her! The TV series I'm watching is based on one of her novels.

reporter zhou 那你先看小说吧，电视剧和小说的内容不太一样。
nà nǐ xiān kàn xiǎoshuō ba diànshìjù hé xiǎoshuō de nèiróng bú tài yíyàng · Then read the novel first: the series and the book aren't quite the same.

anna 好！也许以后我们的故事也会变成电视剧！
hǎo yěxǔ yǐhòu wǒmen de gùshi yě huì biànchéng diànshìjù · OK! Maybe one day our story will become a TV series too!

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